


A new program from Holly J Pruett January – June 2025

A photograph of two women standing in a grassy field. They are positioned in front of a rustic stone wall and a wooden fence. The woman on the left is wearing a white cardigan over a pink patterned top and dark pants. The woman on the right is wearing a teal polo shirt, sunglasses, and light-colored pants. They appear to be engaged in a conversation. The background shows lush green trees and a clear sky.

"The human soul does not want to be advised or fixed or saved. It simply wants to be witnessed, exactly as it is." ~ Parker Palmer

Befriending Mortality Support Groups

Like a Death Café, Befriending Mortality Support Groups are participant-led gatherings of folks interested in talking about their mortality.

Unlike a Death Café, you'll meet with the same small group over 6 months. You'll have the support and structure of that group if there are tasks you've been meaning to complete to feel more prepared for death (yours or others'). For folks of all ages, solo or partnered.

What You Get

- Membership in a small group that meets monthly
- Three facilitated sessions bringing everyone together
- Regular resource emails, answers to your questions

What It Costs

- **Sliding Scale** \$90 to \$180
- **1/3rd off** for Early Bird registration (\$60 to \$120)
- **Half Price** if you bring your own group i.e. sign up with 2-3 others (\$45 to \$90 pp)
- **No cost** for anyone working 1:1 with Holly for 3 or more monthly Zoom consults

More Info

- [FAQs](#)
- [On-Line Application](#)
- [6-Class Befriending Mortality Series](#)
- [Contact Holly](#)



Befriending Mortality Support Group Schedule

- **Friday, Jan. 10** Early Bird registration discount
- **Monday, Jan. 20** – Registration Closes
- **Tuesday, Jan. 28** – Kick-off Session via Zoom 5:00-6:15 Pacific
- **Feb./ March/ April/ May/ June** – Each group meets, date/ method TBD by group members
- **Tuesday, April 8** – Mid-Point Check-In Session 5:00-6:15 PT
- **Tuesday, June 17** – Closure/Transition Session 5:00-6:15 PT